



### "Monsieur Frisbee" entertains at Monseigneur Caron

Gary Auerback, the frisbee freestyle world champion of 1995, taught the students of Msg. Augustin Caron more than they knew was possible about the frisbee last week.

Auerback, who operates as "Spinning Bees" brings "entertaining and instructional frisbee programs for all ages and athletic abilities" to schools throughout Canada.

Auerback showed the students his personal collection of frisbees which included a baby frisbee, a foam frisbee, a feathered frisbee, a frisbee for the visually impaired (it whistles) and a frisbee with a glow in the dark string for night play.

Auerback even had one of the original pre-plastic frisbees which was in fact, a

metal pie plate made by the Frisbee pie company. Employees of the company, according to Auerback, originated the idea of the frisbee by throwing and catching the plates. Then a guy named Fred took the idea and invented the first plastic frisbee, called Fred's Flying Saucer.

The students learned that there is more to do with a frisbee than just throwing and catching it.

There is frisbee golf, frisbee basketball, frisbee bowling and frisbee baseball.

Auerback taught the students a few "frisbee warm-up" exercises and demonstrated some of the tricks which won him his title.

Auerback can be reached at (416) 778-8199.